

Freedom Formulary Step Therapy List



Effective January 1, 2024

The is the Capital Rx list of medications that require step therapy and their prerequisite medication requirements for the Freedom formulary. Step therapy requires that you try one or more of the preferred/prerequisite drugs before coverage for a more expensive alternative is approved. It works to make sure you get the safest, most effective and reasonably-priced drug available.

This list may have medications not covered under your prescription drug benefit plan. To view the complete listing of covered products please visit www.cap-rx.com. If you have any questions about your prescription drug benefit, please call the number on your ID card.

TREATMENT CATEGORY	STEP THERAPY PROGRAM	PREREQUISITE MEDICATIONS	TARGET AGENTS	CONTINUATION OF THERAPY LOOKBACK PERIOD	PRE-REQUISITE MEDICATION FILLS REQUIRED
Behavioral Health	Antidepressants	ONE generic antidepressant agent (SSRIs like citalopram tablet/solution, fluoxetine; SNRIs like duloxetine, venlafaxine; bupropion ER (SR); mirtazapine; vilazodone)	APLENZIN	180 Days	One Fill
			AUVELITY		
			bupropion er (XL)		
			CELEXA		
			citalopram 30mg capsule		
			CYMBALTA		
			desvenlafaxine er		
			DRIZALMA SPRINKLE		
			EFFEXOR XR		
			FETZIMA		
			fluoxetine 60mg tablet		
			FLUOXETINE 90MG DR CAPSULE		
			FORFIVO XL		
			KHEDEZLA		
			LEXAPRO		
			MAPROTILINE		
PAXIL					
PAXIL CR					
PEXEVA					
PRISTIQ					

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Behavioral Health	Antidepressants	ONE generic antidepressant agent (SSRIs like citalopram tablet/solution, fluoxetine; SNRIs like duloxetine, venlafaxine; bupropion ER (SR); mirtazapine; vilazodone)	PROZAC	180 Days	One Fill
			REMERON		
			REMERON SOLTAB		
			SERTRALINE 150MG AND 200MG CAPSULE		
			TRINTELLIX		
			VENLAFAXINE ER 112.5MG TABLET		
			VIIBRYD		
			WELLBUTRIN SR		
			WELLBUTRIN XL		
	ZOLOFT				
	Atypical Antipsychotics	ONE generic atypical antipsychotic agent (aripiprazole, clozapine, ziprasidone, paliperidone, olanzapine, risperidone, quetiapine) OR for Tourette syndrome only, generic haloperidol or pimozide	ABILIFY		
			ABILIFY MYCITE		
			CAPLYTA		
			CLOZAPINE ODT 12.5MG TABLETS		
			CLOZARIL		
			FANAPT		
			GEODON		
			INVEGA		
			LATUDA		
			LYBALVI		
			QUETIAPINE 150MG TABLET		
			RISPERDAL		
			RISPERIDONE ODT 0.25MG TABLET		
			SAPRHIS		
			SECUADO		
			SEROQUEL		
			SEROQUEL XR		
VERSACLOZ					
VRAYLAR					
ZYPREXA					
ZYPREXA ZYDIS					

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Cardiovascular	Statins	ONE generic statin or statin combination agent (including atorvastatin, lovastatin, pravastatin, rosuvastatin)	ALTOPREV	90 Days	One Fill
			ATORVALIQ		
			CRESTOR		
			EZALLOR SPRINKLE		
			EZETIMIBE-ROSUVASTATIN		
			FLOLIPID		
			LESCOL XL		
			LIPITOR		
			LIVALO		
			PRAVACHOL		
			ROSZET		
			SIMVASTATIN SUSPENSION		
			VYTORIN		
			ZOCOR		
ZYPITAMAG					
Diabetes	Continuous Glucose Monitors (CGM)	ONE insulin agent (e.g., Admelog, Afrezza, Humalog, insulin glargine)	DEXCOM G5 PRODUCTS	None	None
			DEXCOM G6 PRODUCTS		
			DEXCOM G7 PRODUCTS		
			FREESTYLE LIBRE PRODUCTS		
			FREESTYLE LIBRE 2 PRODUCTS		
			FREESTYLE LIBRE 3 PRODUCTS		
			FREESTYLE LIBRE 14 PRODUCTS		
	DPP4s	ONE of the following agents: Januvia, Janumet, or Janumet XR	ALOGLIPTIN	None	Three Fills
			ALOGLIPTIN-PIOGLITAZONE		
			JENTADUETO		
			JENTADUETO XR		
			KAZANO		
			KOMBIGLYZE XR		
			NESINA		
OSENI					
TRADJENTA					

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Diabetes	Glucose Test Strips	ONE preferred glucose cartridge, test strips, or all-in-one glucose meter system (Including Contour)	ACCU-CHEK PRODUCTS	90 Days	One Fill
			ACCUTREND PRODUCTS		
			ADVANCE PRODUCTS		
			ADVOCATE PRODUCTS		
			AGAMATRIX PRODUCTS		
			ASSURE PRODUCTS		
			BD PRODUCTS		
			BIOTEL PRODUCTS		
			BLUELINK PRODUCTS		
			CAREONE PRODUCTS		
			CARESENS PRODUCTS		
			CARETOUCH PRODUCTS		
			CLEVER PRODUCTS		
			CVS PRODUCTS		
			DIATHRIVE PRODUCTS		
			DIATRUE PRODUCTS		
			EASY PRODUCTS		
			ELEMENT PRODUCTS		
			EMBRACE PRODUCTS		
			EQ BLOOD PRODUCTS		
			EVENCARE PRODUCTS		
			EVOLUTION PRODUCTS		
			EXACTECH PRODUCTS		
FIFTY50 PRODUCTS					
FORA PRODUCTS					
FORACARE PRODUCTS					
FORTISCARE PRODUCTS					

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Diabetes	Glucose Test Strips	ONE preferred glucose cartridge, test strips, or all-in-one glucose meter system (Including Contour)	FREESTYLE PRODUCTS	90 Days	One Fill
			GE100 PRODUCTS		
			GLUCOCARD PRODUCTS		
			GLUCONAVII PRODUCTS		
			GNP PRODUCTS		
			GOJJI PRODUCTS		
			GOODSENSE PRODUCTS		
			HW EMBRACE PRODUCTS		
			IGLUOSE PRODUCTS		
			INFINITY PRODUCTS		
			INTOUCH PRODUCTS		
			KROGER PRODUCTS		
			LIBERTY PRODUCTS		
			MEIJER PRODUCTS		
			MICRODOT PRODUCTS		
			MM EASY PRODUCTS		
			NEUTEK PRODUCTS		
			NOVA MAX PRODUCTS		
			ON CALL PRODUCTS		
			ONETOUCH PRODUCTS		
			OPTIUM PRODUCTS		
			OPTUMRX PRODUCTS		
			PHARMACIST CHOICE PRODUCTS		
			POCKETCHEM EZ PRODUCTS		
			PRECISION PRODUCTS		
PRO VOICE PRODUCTS					
PRODIGY PRODUCTS					
QUICKTEK PRODUCTS					
QUINTET PRODUCTS					
RA TRUE PRODUCTS					
REFUAH PRODUCTS					

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Diabetes	Glucose Test Strips	ONE preferred glucose cartridge, test strips, or all-in-one glucose meter system (Including Contour)	RELION PRODUCTS	90 Days	One Fill
			REVEAL PRODUCTS		
			REXALL PRODUCTS		
			RIGHTTEST PRODUCTS		
			SMART SENSE PRODUCTS		
			SMARTEST PRODUCTS		
			SOLUS PRODUCTS		
			SURE EDGE PRODUCTS		
			SURE-TEST PRODUCTS		
			SURECHECK PRODUCTS		
			TELCARE PRODUCTS		
			TGT PRODUCTS		
			TRUE METRIX PRODUCTS		
			TRUETEST PRODUCTS		
			TRUETRACK PRODUCTS		
			ULTIMA PRODUCTS		
			ULTRATRAK PRODUCTS		
			VERASENS PRODUCTS		
			VICTORY PRODUCTS		
			VIVAGUARD PRODUCTS		
VOCAL POINT PRODUCTS					
WAVESENSE PRODUCTS					
Diabetes	Insulin Combinations	ONE of the following agents: (metformin, metformin/TZD, metformin/DPP4, metformin/SGLT2, metformin/meglitinide, metformin/sulfonylurea) OR a basal insulin (insulin glargine, insulin detemir, insulin degludec)	SOLIQUA	90 Days	One Fill
			XULTOPHY		

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Diabetes	Metformin ER	ONE non-target generic metformin ER agent	FORTAMET	90 Days	
			GLUMETZA		
			metformin er modified		
			metformin er osmotic		
			RIOMET ER		
	Qtern, Steglujan	ONE of the following: Glyxambi or Trijardy XR	QTERN	None	
			STEGLUJAN		
	SGLT2 Inhibitor Combinations	ONE agent containing dapagliflozin AND ONE medication containing empagliflozin	INPEFA		
			INVOKAMET		
			INVOKAMET XR		
			INVOKANA		
			SEGLUROMET		
		STEGLATRO			
Gastrointestinal	Pancreatic Enzymes	BOTH Creon and Zenpep	PANCREAZE		One Fill
			PERTZYE		
			VIOKACE		
Infectious Disease	Topical Antibiotics	ANY TWO generic topical antibiotic agents (including topical generic clindamycin, erythromycin, metronidazole, benzoyl peroxide, sulfacetamide and combinations, azelaic acid gel)	ACANYA		
			ACZONE		
			AKTIPAK		
			AMZEEQ		
			AZELEX		
			BENZAMYCIN		
			BENZOYL PEROXIDE		
			CLEOCIN-T		
			CLINDAGEL		
			EPIDUO		
			EPIDUO FORTE		
			EPSOLAY		
			ERY		
ERYGEL					

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Infectious Disease	Topical Antibiotics	ANY TWO generic topical antibiotic agents (including topical generic clindamycin, erythromycin, metronidazole, benzoyl peroxide, sulfacetamide and combinations, azelaic acid gel)	EVOCLIN	90 Days	One Fill
			FINACEA		
			KLARON		
			METROCREAM		
			METROGEL		
			METROLOTION		
			NORITATE		
			ONEXTON		
			VELTIN		
			ZIANA		
			ZILXI		
Migraine	Acute Migraine 5HT Agents	ONE generic triptan agent (almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan)	AMERGE	90 Days	One Fill
			FROVA		
			IMITREX		
			MAXALT		
			MAXALT-MLT		
			ONZETRA XSAIL		
			RELPAX		
			SUMATRIPTAN		
			TOSYMRA		
			TREXIMET		
			ZEMBRACE SYMTOUCH		
			ZOLMITRIPTAN		
			ZOMIG		
	ZOMIG ZMT				
	Ergotamine	TWO triptan agents with different active ingredients (e.g., sumatriptan, rizatriptan)	CAFERGOT	90 Days	One Fill
			D.H.E.		
			dihydroergotamine		
			ERGOMAR		
			ergotamine-caffeine		
			MIGERGOT		

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Other	Crinone	ONE of the following: Generic micronized progesterone, generic progesterone in oil, generic medroxyprogesterone acetate tablets, generic medroxyprogesterone acetate injection, combination oral contraceptives, progesterone only oral contraceptives, norethindrone tablets, hydroxyprogesterone	CRINONE 4% GEL	90 Days	One Fill
		Endometrin	CRINONE 8% GEL		
	Heartburn (PPIs)	ONE generic proton pump inhibitor (PPI) agent (oral formulations of omeprazole, lansoprazole, pantoprazole, omeprazole- sodium bicarbonate, rabeprazole)	ACIPHEX		
			ACIPHEX SPRINKLE		
			esomeprazole strontium		
			KONVOMEK		
			NEXIUM		
			PREVACID		
			PREVACID SOLUTAB		
			PRILOSEC		
			PROTONIX		
			RABERPRAZOLE SPRINKLE		
	ZEGERID				
	Insomnia	ONE generic nonbenzodiazepine hypnotic agent (including eszopiclone, zolpidem, zolpidem ER, zaleplon)	AMBIEN		
			AMBIEN CR		
BELSOMRA					
DAYVIGO					
EDLUAR					
INTERMEZZO					
LUNESTA					
QUVIVIQ					
ROZEREM					
SILENOR					
ZOLPIDEM SL TABLET					
ZOLPIMIST					

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Other	Methotrexate Injection	<p>For Otrexup and RediTrex: ONE generic methotrexate injectable agent</p> <p>For Rasuvo: ONE generic methotrexate injectable AND Otrexup AND RediTrex</p>	OTREXUP	90 Days	One Fill
			RASUVO		
			REDITREX		
	Urinary Incontinence	<p>ONE generic urinary incontinence agent (including tolterodine, tolterodine ER, oxybutynin ER, darifenacin ER, solifenacin)</p>	DETROL		
			DETROL LA		
			DITROPAN XL		
			GELNIQUE		
			GEMTESA		
			MYRBETRIQ		
			OXYBUTYNIN 2.5MG TABLET		
			OXYTROL		
			TOVIAZ		
			VESICARE		
			VESICARE LS		
Pain	Fibromyalgia	<p>ONE of the following generics agents duloxetine, amitriptyline, nortriptyline, desipramine, imipramine, gabapentin, pregabalin, tramadol, cyclobenzaprine, venlafaxine</p> <p>OR for Lyrica only, any generic or brand anticonvulsant other than the identical product</p> <p>AND for Lyrica CR/pregabalin er only, generic pregabalin immediate-release</p>	LYRICA		
			LYRICA CR		
			pregabalin er		
			SAVELLA		
	Gabapentin ER	<p>ONE generic gabapentin agent</p>	GRALISE		
			HORIZANT ER		

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Pain	Oral NSAIDs	<p>ANY TWO prescription strength generic oral non-steroidal anti-inflammatory drugs (NSAID) or generic NSAID/misoprostol combination agents (including naproxen, naproxen ER, diclofenac/ misoprostol, celecoxib, oxaprozin, piroxicam, ketoprofen, etodolac, meloxicam, fenoprofen)</p>	ANAPROX DS	90 Days	One Fill
			ARTHROTEC		
			CAMBIA		
			CELEBREX		
			DAYPRO		
			DICLOFENAC		
			EC-NAPROSYN		
			FELDENE		
			FENOPROFEN		
			FENORTHO		
			FLUBIPROFEN		
			INDOCIN		
			INDOMETHACIN		
			KETOPROFEN		
			KETOPROFEN ER		
			LODINE		
			MECLOFENAMATE		
			MELOXICAM		
			MOBIC		
			NALFON		
NAPRELAN CR					
NAPROSYN					
QMIIZ ODT					
RELAFEN DS					
TIVORBEX					
TOLMETIN					
VIVLODEX					
ZIPSOR					
ZORVOLEX					
Pain	Penicillamine	Generic penicillamine tablets	CUPRIMINE	90 Days	One Fill
			DEPEN TITRATABS		
			penicillamine capsules		

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Respiratory	Albuterol	ONE of the following: Generic albuterol HFA, Ventolin HFA	ALBUTEROL HFA	90 Days	One Fill
			PROAIR DIGIHALER		
			PROAIR HFA		
			PROAIR RESPICLICK		
			PROVENTIL HFA		
	Oral Inhalers	ONE generic fluticasone-salmeterol agent	ADVAIR DISKUS	None	
			ALVESCO		
			FLOVENT DISKUS		
			FLOVENT HFA		
			FLUTICASONE PROPIONATE		
Topical Products	Atopic Dermatitis	ONE generic topical corticosteroid agent or a topical corticosteroid combination preparation (including hydrocortisone, clobetasone, betamethasone, clobetasol, mometasone)	ELIDEL CREAM	90 Days	
			EUCRISA OINTMENT		
			pimecrolimus cream		
			PROTOPIC OINTMENT		
			tacrolimus ointment		
	Retinoids	ONE generic topical retinoid agent (including tretinoin, tazarotene)	ADAPALENE		
			AKLIEF		
			ALTRENO		
			ARAZLO		
			ATRALIN		
			DIFFERIN		
			FABIOR		
			RETIN-A		
			RETIN-A MICRO		
			TAZAROTENE FOAM		
			TAZORAC CREAM 0.1%		
			TWYNEO		